

Supporting Student Mental Health: The Role of Instructors and TAs

This training equips instructors and teaching assistants with the skills to identify signs and symptoms of potential mental health challenges, respond appropriately, and refer students to mental health professionals and other support services. This course focuses on how to effectively support students showing signs of distress in non-urgent situations.



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“Taking this course has provided me with greater confidence in supporting students’ mental health as they navigate challenges and obstacles. It has reminded me that it truly takes a village and that I am on a campus filled with resources to not only support our students, but to also support us as faculty and staff. This course helped me better recognize signs that a student may need assistance and reaffirmed that there are others on campus that can help me get the student the support(s) they may need.”

Katie Pavek, PhD, MSN, RN
Clinical Associate Professor and Wellness Officer

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“I would absolutely recommend the training to colleagues. This course provides clear guidance, and actionable campus resources that support effective and appropriate responses to student mental health concerns. After completing the session myself, I arranged for our department’s teaching assistants to complete the training as it clearly delineates professional boundaries and reinforces the importance of recognizing when a student may need support and referring them to appropriate resources.”

**Kristen Fuhremann, Deputy Department Chair,
Department of Accounting and Information Systems**

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“Through scenarios and discussion of relevant research, we as participants became more confident in our ability to recognize warning signs that could lead to deeper issues and left with a toolkit of resources and responses that can be useful.”

Thomas F. Browne Jr.
Senior Assistant Dean

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WISLI PRE-SERVICE TRAINING



June 9, 2026



8:30-10:30 AM



Virtual: Zoom